



BRSC MUDBUGZ PARENT GUIDE

Welcome to Mudbugz

Mudbugz is BRSC's Parent-and-me introductory program for ages 2–4. These early years are about fun, movement, and connection. Inspired by Tom Byer's "Soccer Starts at Home" philosophy, we believe comfort with the ball should begin naturally, like learning to walk or talk. This isn't about competition. It's about building confidence, coordination, and a love for the ball from day one.

What Players Need

- ✔ Size 2 or 3 Ball
- ✔ Adult Willing to Participate
- ✔ Water Bottle
- ✔ Comfortable Athletic Clothes
- ✔ Mudbugz Top
FREE at first session
- ✔ Soccer Cleats or Tennis Shoes
Baseball or Football Cleats NOT Allowed

Mudbugz ball available for purchase during registration

Expectations for Parents

You are your child's first coach.

- Participate fully
- Model enthusiasm
- Celebrate small successes
- Stay patient (attention spans are short at this age!)

The goal is positive association with the ball. If they leave smiling, it's a win.

What we are Building

- Balance & coordination
- Comfort using both feet
- Listening & following directions
- Confidence trying something new
- A lifelong relationship with movement and sport

Mudbugz is the first step in the BRSC pathway, but most importantly, it's about creating joyful early experiences that set the foundation for everything that comes next.

What Mudbugz is...

- Movement-based learning
- Parent-child interaction
- Ball familiarity and coordination
- Smiles, laughter, and exploration
- Individual growth and development
- Cheering successes

If it feels playful, we're doing it right.

Soccer Starts at Home

Following Tom Byer's philosophy, the real magic happens outside the organized session.

Simple at-home ideas:

- Leave a ball out in the living room
- Encourage gentle toe taps during TV time
- Play "red light, green light" with the ball
- Let them dribble around furniture (safely!)
- Short, frequent touches > long practice sessions

Five minutes a day beats one hour once a week.

Call us for more info



(225) 924-2157

Select "Mudbugz" option

Thank you for being a part of BRSC. Let's grow the game together!!