

Baton Rouge Soccer Club



2023 - 2024 Players and Parents Handbook

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WEBSITE: www.brsoccer.org

PHONE: 225-924-2157

MISSION STATEMENT

BRSC's competitive program mission is to provide a top-quality competitive soccer program that will develop committed athletes into outstanding soccer players and team members in a competitive atmosphere of excellence, fair play and continuous improvement. Our goal is to instill in all players passion, maturity and self-confidence that will help them both on and off the field throughout their lives.



PHILOSOPHY

The BRSC program is designed to develop each aspiring player to his/her fullest potential through ball/skill mastery and commitment to the team. It is our intent to develop a club with players that are technically and tactically equipped, which will allow us to play a possession-oriented style of play.

VISION

Our vision is to produce a program of soccer excellence recognized throughout the state of Louisiana and Region III. To achieve this, we will:

- Select players who are dedicated to and capable of training and playing at a high level.
- Provide a training environment that allows each committed player to maximize his/her potential
- Provide training sessions that are fun, age-appropriate, challenging, creative, innovative and consistent with the trends of modern-day soccer
- Instill each player with a greater appreciation of the sport, self-confidence, accountability, and responsibility.
- Maintain a staff of highly qualified coaches and provide continued coaching education opportunities for their personal and professional growth as well as the club's
- Treat all participants with respect and fairness, valuing diversity, and taking individual responsibility to realize our personal and club potential
- Focus on communication: within the club to ensure that all players understand their personal importance and needs and that their families are well-informed of schedules, requirements, and the club's player development philosophy; and to the outside community to promote our club through its successes

BRSC CORE VALUES

Commitment to Excellence

- We commit to providing excellence in both soccer programming and customer service to our members, and understand the impact and importance of our work to the community. To accomplish this, we will:
 - o Work collaboratively across programs to achieve our common goals
 - o Make every effort to deliver, on time and within our guidelines, the commitments that we make to each other and to each member
 - o Welcome change and seek to marry improvements in process and product to the traditions that have served us well
 - o We aspire at all times to improve our work in every dimension

Innovation

- We will constantly seek out new and innovative ways to improve our work and impact on our community. To accomplish this, we will:
 - o Seek out new, more efficient ways to accomplish our goals
 - o Create new programs to better serve our community, especially traditionally under-served populations
 - o Invest time and resources to assure the success of new, innovative programs
 - o Be willing to adapt to new ways of thinking, operating, and working

Togetherness

- We will form a cohesive unit that is supportive of others and works collectively to accomplish our goals. To accomplish this, we will:
 - o Provide support to our coworkers, both emotionally and by lending a helping hand when needed
 - o Advocating for our coworkers and our organization in the community

Leadership

- We strive to develop and become the leaders necessary to realize excellence. We establish bold visions and invest others in working towards them. To accomplish this, we will:
 - o Invest in staff development for all staff, both full-time and associate
 - o Plan strategically, both in our own work and in terms of organizational growth
 - o Provide leadership, education and guidance to associate staff and members regarding safety, programming, and developmentally appropriate activities for our members

Respect

- All members of the organization will show respect to each other, to community members, and to all physical spaces and property. To accomplish this, we will:
 - o Model respect in our everyday activities and interactions
 - o Treat others with dignity and respect, while expecting others to do the same
 - o Make a concerted effort to keep our work areas, including our fields, professional, well-maintained and safe

2023-2024 PLAYER PLACEMENT PROCESS SCHEDULE

BRSC Player Placement Process schedule for Boys and Girls of the following age groups: 2014 (U10), 2013 (U11), 2012 (U12), 2011 (U13), 2010 (U14), 2009 (U15), 2008 (U16), 2007 (U17), 2006 (U18) & 2005 (U19)

2023 – 2024 Player Placement Process

2014 (U10), 2013 (U11) & 2012 (U12):

Boys & Girls

Monday, April 17, 2023

Tuesday, April 18, 2023

6:00-7:30pm

Invitation (email) – Friday, April, 28

2011 (U13): Boys & Girls

Wednesday, April 19, 2023

Thursday, April 20, 2023

6:00-7:30pm

Invitation (email) – Friday, April, 28

2010 (U14), 2009 (U15) & 2008 (U16): Boys Only

Monday, May 29, 2023

Tuesday, May 30, 2023

6:00-7:30pm

2010 (U14), 2009 (U15) & 2008 (U16): Girls Only

Wednesday, May 31, 2023

Thursday, June 1, 2023

6:00-7:30pm

2007 (U17), 2006 (U18) & 2005 (U19): Boys & Girls

Monday, June 5, 2023

Tuesday, June 6, 2023

6:00-7:30pm

Invitation (email) – Friday, June, 9

Players will be notified of their placement via an invitation email. Per LSA policy, invitations cannot be emailed before 12 Noon.

All responses MUST be made online within 5 days of invitation receipt.

2014 (U10) - 2012 (U12) PLAYER PLACEMENT PROCESS FORMAT

All activities will be soccer-specific and realistic. Each player must bring a ball and dress appropriately (e.g. shin guards, shorts, socks). The format is as follows:

Day 1:

- 10 minutes warm-up - technical activity (First touch, dribbling, passing, receiving and turning, etc.)
- Water break
- 20 minutes of small (1V1, 3v2, 3v3) group tactical application possession oriented games
- Water break
- Two 20 minutes of large (4V4-5V5) group games (this allows us to see if the players can transfer their technical and tactical skills into the big game)
- Cool down - closing
- **Note** - *Goalkeepers will work with our goalkeeper staff for the first 45 minutes of the session*

Day 2: ****2013 (U11) & 2012 (U12) only **2014 (U10) will repeat day 1 format**

- 10 minutes of technical application (First touch, dribbling, passing, receiving and turning, etc.)
- Water break
- Two 30 minutes of large (8V8-9V9) group games - **2012 only, first period player groupings tiered by assessments/recommendations. Second period in scramble format (2013 entire time).**
- Cool down - closing
- **Note** - *Goalkeepers will be integrated with the field players for the entire session*

Players will be issued a number at check-in/registration. They will go through a training progression (see above) and our staff will evaluate their performance relative to the components of soccer listed below

- **Technical Ability** – skill proficiency
- **Technical Speed** – ability to execute skill at top speed
- **Tactical Application** – understanding of time and space, movement with and without the ball, field vision, ability to combine with other players, speed of thought, etc.
- **Physical Attributes** – speed, strength on the ball (tackling & shielding ball)
- **Psychological Dimensions** – competitiveness, work ethic, interaction with teammates, coachability, etc.

2011 (U13) - 2005 (U19) PLAYER PLACEMENT PROCESS FORMAT

All activities will be soccer specific and realistic. Each player must bring a ball and dress appropriately (e.g. shin guards, shorts, socks). The format is as follows:

Day 1:

- 10 minutes warm-up - technical activity (first touch, dribbling, passing, receiving and turning, etc.) & Stretch
- Water break
- 40 minutes of large (4V4-5V5) group games (this allows us to see if the players can transfer their technical and tactical skills into the big game)
- Water break
- 30 minutes of large (8V8-9V9) group games – Scramble format by positions
- Cool down - closing
- **Note-**Goalkeepers will work with our goalkeeper staff for the first hour of the session

Day 2:

- 10 minutes warm-up - technical activity (first touch, dribbling, passing, receiving and turning, etc.)
- Water break
- Two 30 minutes of large (11V11) group games – First period player groupings tiered by assessments/recommendations. Second period in scramble format by positions.
- Cool down - closing
- **Note-** Goalkeepers will be integrated with the rest of the field players for the entire session

Players will be issued a number at registration. They will go through a training progression (see above) and our staff will evaluate their performance relative to the components of soccer listed below

- **Technical Ability** – skill proficiency
- **Technical Speed** – ability to execute skill at top speed
- **Tactical Application** – understanding of time and space, movement with and without the ball, field vision, ability to combine with other players, speed of thought, etc.
- **Physical Attributes** – speed, strength on the ball (tackling & shielding ball)
- **Psychological Dimensions** – competitiveness, work ethic, interaction with teammates, coachability, etc.

Players will be assessed a number 1-6 to correspond with our team colors and small-sided fields. We will select players/teams based on the overall rating and the coach's comments.

PRE-SEASON: TEAM CAMP

Upon selection, players begin their soccer campaign by attending our **Team Camp**.

- **2014 (U10), 2013 (U11) and 2012 (U12) Team Camp will take place on Monday, July 31st through Friday, August 4th from 9AM - 12PM (noon) for Boys and Girls Teams**
- **2011 (U13), 2010 (U14), 2009 (U15), 2008 (U16), 2007 (U17), 2006 (U18) and 2005 (U19) will take on Monday, July 24th through Friday, July 28th, 2023 from 9AM - 12PM (noon) for Boys and Girls Teams**

Team Camp will be conducted at our Burbank Soccer Complex. Each team camp we have players unable to attend for various reasons. Please be advised this is not an issue whatsoever and does not impact the player!.

START OF SEASON:

U13 through U19 BRSC Competitive teams, including the Goalkeeper Academy, will commence official practices the week of **July 31st, 2023** with U10 through U12 commencing to official practices the week of **August 7th, 2023**. Some of our teams will kick off their season by participating in a tournament on “Labor Day” weekend. Teams will not be allowed to enter any tournament or competition before that time without approval from the Director of Coaching. We believe that if we start too soon, players not only risk burnout, but also the season drags on, and they’ll peak at the wrong time. Sometimes the burnout is not evident until a year or two later, however it is a factor we must consider; keeping in mind that this is a major reason why players drop out at age 13 or 14.

END OF SEASON:

Each team’s soccer season/year will culminate with participation in one of the following post-season/year tournament events - Louisiana Open Cup, Bob Abbott Cup, President’s Cup, State Cup, Region III Championships, Gulf States Premier final four and Regional Championships. They will not participate in any tournament thereafter without the permission of the Director of Coaching. Rationale – we want to reduce the risk of “burn out” amongst the players and parents. We know that sometimes coaches and parents feel a void at the end of the season, but that is not a good reason to continue to play. Players need time off in order to progress and not get bored with the game. Typically, each team will have an end-of-season function at which time the coach should provide the team with an overall team assessment, individual player evaluation, off-season training options, player placement process (tryout) information, etc.

PLAYING TIME:

Playing time in the competitive programs will vary based on the age and level of the team/competition. **2014 (U10), 2013 (U11), and 2012 (U12) Teams: All players, regardless of team or age, will play 30% to 50% of all game minutes per game.** This may mean that they play less or more any given week, but that overall their average playing time over the course of the season should be approximately 50% of the team’s minutes played. This may change based on practice attendance or other issues that may come up throughout a season.

2011 (U13) Black Teams: The 2011 (U13) year is a year of transition to a bigger field, larger rosters, and physical growth for some players. With this in mind, 2010 (U13) Black-level players will be guaranteed to play approximately 30-50% of all game minutes in a season. Players may play less or more any given week as deemed appropriate by the team coach. As always, practice

attendance, effort, and other considerations will be taken into account.

2010 (U14), 2009 (U15), 2008 (U16), 2007 (U17), 2006 (U18) & 2005 (U19) Black Teams: There is no guarantee of playing time at any time, however coaches will look to play players 30-50% of each game with discretion for league, playoffs, or championship games. Black level players are expected to challenge themselves at all times and compete for playing time. Our Black level teams will attempt to gain a result from each game. Playing time is determined by the coach and can be based on situations, matchups, need for a result, or many other factors. As always, practice attendance, effort, and other considerations will be taken into account.

2011 (U13), 2010 (U14), 2009 (U15), 2008 (U16), 2007 (U17), 2006 (U18) & 2005 (U19) Red level or second teams: Players should play in at least 30%-50% of a team's minutes played in a season. In any given game, there is no playing time requirement, but coaches will seek to play players 30-50% of each game throughout the whole season. As always, practice attendance, effort, and other considerations will be taken into account.

PLAYERS AND COACHES EVALUATION:

Our coaching staff is required to provide each player with a written evaluation at the end of the season. Each family is asked to participate in our online club survey at the conclusion of each season. The player's evaluation provides feedback to players and their families on each player's present ability level. The online club survey enables us to better assist our individual coaches as needed, improve and evolve programming, etc.

PRACTICE (TRAINING FREQUENCY):

In general, we have two practice time slots;

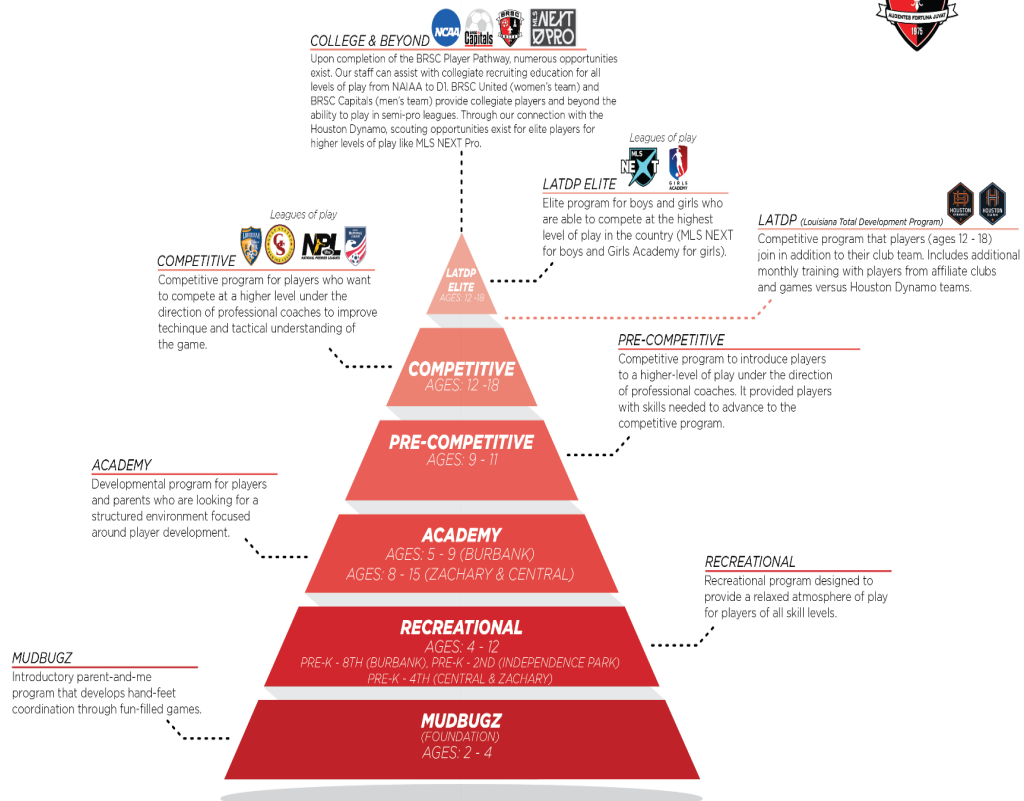
- **5:00pm – 6:30pm**
- **6:30pm – 8:00pm**

Teams typically train 2-3 times (Monday/Wednesday or Tuesday/Thursday) a week for 1.5 hours with game(s) on the weekend. ALL black level teams 2011-2005 will practice **three times** a week (typically Tuesdays/Wednesdays/Thursdays). All Red level teams will practice as a team 2 x per week, with a bi-weekly POD session for the age group. Keep in mind that there is no prescribed amount of training sessions for any one team. The frequency of training sessions depends on what is needed for that particular team and coach to further their development.

A player may train with a team in an age group above or below his/her current team, as described in our **Open Door** training policy. Our coaching staff will develop training sessions based on the individual and collective needs, abilities and playing personalities of their respective team, as well as the club's training priorities for that particular age level (***see training priorities***). Our staff also provides individual private training sessions for an additional fee. Email inquiries to msmith@brsoccer.org



BRSC PLAYER PATHWAY



Build from the Base: strong, consistent, development programming

- **Soccer Starts at Home™** (Pre-Grassroots/Grassroots)
- **Skills Builder** (Grassroots/ Foundation)
- **Catalyst Foundation:** (U10, U11, U12)
- **Louisiana TDP and Elite Programs** (U13, U14, U15, U17, U19)

Commitment to Player Development

- **Game Model**
- **Game Phases + Game Principles**
- **Methodology**
- **Positional Play Concepts**
- **Terminology + Themes**
- **Individual Development within Collective Development**
- **Pre-Grassroots and Grassroots: (Ages 3-8 years)**
- Soccer Starts at Home™ <https://www.houstondynamo.com/soccerstartsathome>
- Club and Parent Ignition Events with Tom Byer, School Development Initiatives, Virtual Development Classes
- **Grassroots and Foundation: (Ages 5 -11 years)**
- Skill Builders Program <https://www.houstondynamoacademy.net/skillbuilders>
- Technical skills program to promote development on the field and at home!
- Dynamic Dribblers 2 v 2 / 3 v 3 Festivals – training and development format for Grassroots (age 4-8)
- **Foundation: (U10, U11, U12)**
- Catalyst Program
<https://www.houstondynamoacademy.net/page/show/4975119-foundation-phase-catalyst-program>
- Special developmental program – our ‘Centers of Excellence’
- **Formation and College Prep: (U13, U14, U15, U16, U17, U19)**
- TDP- Experience
- TDP - Elite Club – collaborative support.

2023-24 COACHING STAFF

COACH	CERTIFICATION	COACH	CERTIFICATION
Louie Smothermon	U.S. Soccer, A License; National Youth; USC, Premier Diploma	Chris Mitchell	U.S. Soccer, A License
Marvin Smith	U.S. Soccer, A License; National Youth; USC, Premier Diploma	Melissa Ramsey	U.S. Soccer, A License; USC, Adv. National Diploma
Patrick Bueno	USC, Premier Diploma	Kiran Booluck	U.S. Soccer A License, UEFA B License, USC, National Youth: USC, Director of Coaching Diploma, USC GK Level I and 2,
Paul Fletcher	U.S. Soccer, D License	Roger Charcap	U.S. Soccer, C License, National Youth; USC, Premier & GK Level III Diploma
Adrian Garcia	U.S. Soccer, D License	Lynn Bradley	FAI Level 1, FAI Level 2, FAI Youth Certificate. USC, GK Level III Diploma
JB Brunet	U.S. Soccer B License	Alex Edwards	U.S. Soccer B License, UEFA B License, USYS National Youth, FA Youth Award
Collin Yammarino	U.S. D License, National Youth	Jennifer Franklin	U.S. Soccer, D License
Chris Stewart	U.S. Soccer C License	Raphie Nunes	U.S. Soccer, C License
		Craig Scott	UEFA B License
Stephanie Broussard	U.S. Soccer, D License	Stanley Johnson	U.S. Soccer, B License
Fred Parker	U.S. Soccer, E License	Josue Carranza	U.S. Soccer, D License
Matheus Costa	U.S. Soccer, E License	Caleb Bush	U.S. Soccer, E License; USC Grassroots
Andy Smothermon	USC National Diploma	Kevin Hoeprich	U.S. Soccer, D License
Melin Portillo	U.S. Soccer, C License	Eddie Lestrade	U.S. Soccer, D License
Adel Ahmed	U.S. Soccer, D License	Marcus Dyer	U.S. Soccer Grassroots
		Goalkeeper Academy Staff	
		Richard Rollins	U.S. Soccer, B License

BRSC ACADEMY PROGRAM

Practice Information: All training sessions will be conducted at the Burbank Soccer Complex fields 23 and 24. Girls' and Boys' training will be Tuesdays/Thursdays from 5:15-6:30pm or 6:30 –7:45pm. In addition to in-house games played on Wednesdays 5:15-6:30pm or 6:30 –7:45pm.

Program Description: The BRSC Academy is designed for the player that is looking for a highly structured environment. All sessions are conducted by professional Academy Coaches that are following the Academy Pathway and Curriculum. The full-time Academy Director, Andy Smothermon, oversees the players' and coaches' development to ensure that each player is in the appropriate developmental environment.

Training Format: Players are loosely divided by birth year for training day allocation. Within each age group, the players will be divided into training "pools" based on numerous factors. Throughout the course of the season, pools will be created based on tiered (ability), parity, RAE, and bio-banding. Our coaches adhere to a strict coaching paradigm created so that every child, regardless of ability, is facing an appropriate level of challenge. Each season's training format will begin with 3 weeks of training in technical stations, followed by 3 weeks of a whole-part-whole method, 4 weeks of Academy Session, and 2 weeks of “let them play” SSG’s.

Competitions: Intra-Squad Games (**ISG**) are played on Wednesdays and games are small-sided where we can manipulate the number of players, size of the field, and conditions/restrictions of the games in order to highlight the Principles of Play that we want to focus on. Play Days/Festivals (U9 Only) are a collaborative effort with Mandeville and Cajun Soccer Club in order to bring local Academy-type programs together for competition. We use these play days as a stepping stone for our Junior Competitive Program. There is some travel involved, with an opportunity for the directors of the programs to control the level of competition for each of the teams/pools. Festivals are informal tournament play. They are a collaborative effort with such clubs as MSC and CSC; however, they are open to all programs in the area that would be interested in attending. All games will be round-robin play with no playoffs.

Uniform: Academy players train in an all-black kit that can be purchased at Third Coast Soccer on Perkins. All players will wear the kit for training and competitions. It is advised that you purchase more than one jersey.

BRSC 2014 JR COMPETITIVE PROGRAM

Player Placement Process:

Players will go through the BRSC Player Placement Process. This process is specific to player identification for ability grouping, assessing the entire age group, and assessing our staff needs for the upcoming season/year.

The Season Fall/Spring:

The official season kicks off with our Competitive Team Camp offered the week of **Monday, July 31st through Friday, August 4th, 2023**. Participation is not mandatory, however, the camp fee is built into the overall club fee structure. The **Fall Season** will commence with practice the week of **August 7th** and end in **November** (the week before Thanksgiving) and the start of the **Spring Season** for 2014-2015 will be **January** (typically the first week) and 2010-2005 typically mid to latter part of February.

Staff:

Our Junior Competitive Program will be staffed with members of our competitive coaching staff. There will be an Age Group Director (AGD) over the Boys' program and an Age Group Director (AGD) over the Girls' program. AGD will provide curriculum, evaluation, structure, theme, and developmental goals for all Age Group Training.

Curriculum and The Practice Environment:

The program will be overseen by BRSC Director of Coaching – Marvin Smith. The curriculum will be developmentally appropriate and focus on **technique/technical Speed, tactical application of technique and principles of Play. “POD” and Ability Grouping** training will be implemented to create the practice environment to facilitate individual and collective player development. All players will be trained in a **“POD”** for the first 45 minutes of each practice and then split into smaller groups with a staff coach for the remainder of the practice based on different variables and ability groups.

This format will create depth and Club Culture, focus on player development, not team development

Open door training – Players can train with any team in the club on any night or time that conflicts with his/her regular team practice.

Player Movement:

Where players start is not where they finish

Players may be placed in different ability grouping to either challenge or foster confidence

Is this the best environment for the player to grow and be confident?

Must have the approval of the AGD for any movement/will be communicated

Competition – Multifaceted Approach:

Intra-Club Games (ICG) – These games will be played on scheduled Saturday mornings at Burbank

Partnership with Mandeville and Lafayette – Inter-Club Play Dates between the clubs

Festivals – Play weekends between multiple clubs

Tournaments – classic level tournaments/may play up

No Classic League – Shift away from result driven – influences coach, parents/stress on players, allows players and coaches to take risks/manipulate games for development, avoid burn out, travel, and team expenses.

Our ultimate objective is to instill good training habits and ignitors/triggers that excite the kids based on his/her current level/ability.

BRSC U11 (2013) AND U12 (2012) PROGRAM

Developing & Improving Individual Technique/Technical Speed

Individual and Small Group Tactics: 1v1, 2v1, & 2v2, 4V3, 4V4, 5V3, etc.

Competition must be integrated into ALL aspects of the training environment.

At the 2013 & 2012 age levels, the program's seasonal objective is to provide players with an extensive soccer vocabulary and vivid understanding of the following:

PRIMARY EMPHASIS:

- First Touch
- Complete breakdown of passing, dribbling, shooting using every surface (both feet)
- Heading
- Passing lanes
- Angles
- Individual Defending
- Small Group Defending, 2V1, 2V2, 3V2
- Pressure, Cover, Balance
- Basic Team Shape: Triangles, Diamonds
- Marking (goal side, ball side, etc.) and Tracking Opponents
- Communication; turn, man on, drop, time, etc.
- Combination Play (wall pass, take over, fake take over)

SECONDARY EMPHASIS:

- Team Play
- Positional Play

BRSC COMPETITIVE TRAINING PRIORITIES

2011 (U13) AND 2010 (U14)

Developing Individual Technique/Technical Speed
Individual and Small Group Tactics: 1V1, 2V1, up to 6V6

Competition must be integrated into ALL aspects of the training environment.

At the 2011 & 2010 age levels, the program's seasonal objective is to provide players with a vivid understanding of

PRIMARY EMPHASIS:

- Movement with and without the ball
- Ball Possession and its importance to overall team success
- Directional Touch Away From Pressure
- Shielding, protecting the ball
- Speed of Play (technical speed in relation to ball movement)
- Combination Play
 1. Takeovers
 2. Overlaps
 3. Wall Pass
- Switching the Point
- Marking and Tracking opponents in relation to the ball
- Pressure, Cover, Balance, Depth
- Delaying or containing opponents
- Individual and small group defending
- One session in three devoted to 1v1's, 2v2's, 3v3's
- Team Shape, vertically and horizontally
- Communication; turn, man on, time, switch, drop, step, etc.
- A flat back four system of play; a) 1-4-4-2; b) 1-4-3-3

SECONDARY EMPHASIS:

- Pattern Play
- Functional Tactical Play – Offense vs. Defense
- Set Plays

2009 (U15) AND 2008 (U16)

Developing and Improving Group Skill, Technical Speed and Tactical Awareness and Application at the 2009 & 2008 age levels. The program's seasonal objective is to provide players with a vivid understanding of **“Team Play.”**

Competition must be integrated into ALL aspects of the training environment.

PRIMARY EMPHASIS:

- Possession! Possession!! Possession!!!
- Movement with and without the ball
- Speed of Play (in relation to technical speed, quick decision and execution)
- Crossing and Organization in the box
- Combination Play
 1. Takeovers
 2. Overlaps
 3. Wall-pass
 4. Double pass (with J run)
 5. Inside run
 6. Third man running
- Small group defending
- Instruct one session in three devoted to 3v3's, 4v4's, 5v5's
 1. Pressure, Cover, Balance, Depth, Double team
 2. Communication – who, what, when
 3. Compactness
 4. Balance - Role of the weak side defenders (protecting the vital area)
 5. Depth – Role of the strong side defenders
- Concentration and Mental rehearsal
- Mental toughness
- A flat back four system of play: a) 1-4-4-2; b) 1-4-3-3

SECONDARY EMPHASIS:

- Functional Tactical Play – Offense vs. Defense
- Pattern Play
- Set Plays

2007 (U17), 2006 (U18) AND 2005 (U19)

Defining and Developing Specific Roles with Respect to Positional Play
Team Tactical Awareness and Application: 11v11

Competition must be integrated into ALL aspects of the training environment.

At the 2007, 2006 & 2005 levels, the program's seasonal objective is to produce the **“Whole Player”** Technically, Tactically, Physically and Mentally,

PRIMARY EMPHASIS:

- Maintaining Physical and Mental sharpness
- Two of three sessions devoted to Functional/Phase of Play: run of play and set play
 - a) Attacking/final third roles and responsibilities
 - b) Middle third roles and responsibilities
 - c) Defending third roles and responsibilities
 - d) Attacking and defending roles on set plays
- Crossing and organization in the box
- Match related sessions: offense vs. defense, numbers up vs. numbers down, protecting a lead, etc.
- Shadow play
- Match conditioned
- Dictating rhythm/speed of play
- All players should have a complete understanding of every aspect of our system of play
- One in every three practices must be devoted to the defensive aspects of the game

BRSC GOALKEEPER ACADEMY

Mission Statement:

In keeping with the core values of Baton Rouge Soccer Club, the mission statement for goalkeeper development within the club has two definitive pieces. Development from the U-8 to U-12 levels, and then the U-13 to U-19 levels.

For the younger age group, the emphasis is on the development of coordination, balance, movement, and technical development. By the time a goalkeeper reaches the later stage of this age group, there should be some level of tactical development in terms of giving commands, distribution, and decision-making. Goalkeepers in this age group also are playing in the field as well, with the goal to develop as overall players of the game. They need this experience not only to handle the expectations of the older age group, but to be a well-rounded player overall. The goal for many of these goalkeepers should be, for example; to be the starter on their high school team as a freshman and to be involved in regional teams at the club level.



For the older age group, along with continued development of coordination, balance, and movement there will be the teaching of more advanced techniques of goalkeeping as well as a greater emphasis on command of the box and tactical awareness. As goalkeepers get to the older stages of this particular group, training becomes more in tune with what they will be seeing at the collegiate level, as that should be their goal and it's part of our development process that they are as prepared to move to the next level as possible. The expectations for that phase of development usually come between the U-16 to U19 levels.

With that being said, there are going to be many factors that will go along with a player's development in BRSC. Goalkeepers, as all players within the club, are constantly being evaluated within the club structure. As a club, we give evaluations of players at the end of each cycle of the season for players and parents to know how the club feels their development is progressing. We base this development on the four pillars of the position: Technical, Tactical, Psychological, and Physical.

The development of goalkeeping in the competitive realm is a challenging and necessary component for success of the club in competitions. The goalkeeping staff at BRSC is of the highest quality and standards, to bring our goalkeepers to the highest level of achievement possible is always the goal of our staff.

AFFILIATIONS AND LEAGUE PARTICIPATION

AFFILIATIONS: Baton Rouge Soccer Club is affiliated and complies with the authority, rules, and guidelines of the



United States Soccer



United States Youth Soccer (USYS)



US Club Soccer



Louisiana Soccer Association (LSA)



Louisiana Classic Soccer League (LCSL)



Mid-South Conference League



Gulf Coast State Premier League (GSPL)



USYS National League



Louisiana Classic Soccer League (LCSL)



Houston Dynamo Academy



Premier Soccer League (PSL)



Talent Development Program (LATDP)

Through LSA, BRSC is also affiliated with Region III, which includes the following state associations: Louisiana, North Texas, South Texas, Tennessee, Alabama, Georgia, North Carolina, South Carolina, Florida, Mississippi, Arkansas, and Oklahoma. Our Competitive teams will compete in one or more of the following:

CLUB EXPECTATIONS

24-Hour Rule:

Parents and coaches should refrain from discussing any potentially conflicting opinions within a **24 hour period**, (e.g. time, player position, substitutions, etc.).

To avoid misunderstanding between parents and coaches (and club) it is highly recommend that all staff coaches:

- Know the club rules and abide by them
- At every opportunity meet and explain to parents (e.g. at your parent meetings) the restrictions that are placed on you as a coach for a particular age group
- Prepare a fair substitution schedule before each game and follow it as best you can
- Meet with parents periodically to inform them about the dynamics within your team(s) and how the team is evolving. More importantly meet just to educate them about the game, in general,

We ask that all team issues or concerns be addressed in the following steps:

- **First** - Direct communication with the **Head Coach**
- **Second** – Communication with the **Age Group Director** (AGD) if the issue is not resolved
- **Third** - Communication with the **Directors of Coaching** Marvin Smith if the issue is not resolved
- **Third** – Communication with **Executive Director** Louie Smothermon if the issue is not resolved

Missing Practice & Games:

At the U13 through U19 age groups , players must sit out at least half a game for missing any practices prior to competition. However, all players have the opportunity to make up missed practices by training with teams one age level up or down (in this situation both coaches must be given advance notice).

Practice Dress Code (players):

All players **MUST** wear official **black practice jerseys, black shorts and black socks (preferably Adidas)**. Finally, all players must wear shirts at practice (**Absolutely NO shirts vs. skins**). Players must practice as they play. They must wear shin guards, which must be fully covered by socks.

Communication:

All club communication would be done through the BRSC office via,

- Mass Email, email to the entire competitive program, individual teams, managers and coaches
- Mass or Group Text
- Announcement banner posted on our website
- Phone calls

Practice Cancellation: In case of inclement weather, families will be notified via:

- Mass or Group Text
- Posted on our web site www.brsoccer.org
- Cancellation at the field (in the event we did not have the opportunity to cancel practice ahead of time).

Team Travel Procedure:

Team chemistry is vital to any team's overall success; with this in mind and the lack of social interaction amongst our players/teams we must provide every opportunity for player interaction away from the field. The older teams/players can utilize the option to stay in Team Rooms. 1) Assign four players per room with a chaperone and coach's rooms on either end of the hall or 2) Three players plus one chaperone per room. As our teams continue to travel in an effort to seek higher levels of competition, it is recommended that:

- Curfew is 10:00 across the board during travel - coaches can adjust times depending on the competition schedule
- If curfew is broken on trips where players stay in Team Rooms:
 - Player(s) will not play the rest of the weekend
 - Player(s) will lose the privilege to stay in the team rooms for the remainder of that weekend and or the next trip
 - Inform parents of the infraction and the consequence thereof
 - Player(s) will sleep in the chaperone's room the rest of the weekend
- Have the team eat all meals together
- Do all other social and recreational activities as a team.
- When applicable teams will also travel as a team by buses, vans, or airplanes.

Team Expenses and Travel Procedure:

The coach's total travel expenses for any given trip (i.e. meals, hotel, gas, car rental, parking, etc.) will be divided up and paid for by the number of players on the active team roster. This includes any travel outside of the Baton Rouge area. Teams are also responsible for tournament registration & Referee expenses.

USE of Foul/Abusive Language:

There is zero tolerance with regard to foul/abusive language. If a player uses inappropriate language towards his/her teammates, opponents (players/parents), and or referees, he/she **MUST** be removed from the game. The player will not be allowed to compete for the remainder of that particular game. If this type of behavior persists, the player **WILL** be removed from the team.

Bullying Policy:

BRSC prohibits all forms of harassment during all club activities, programs, and events. It shall be a violation of this policy for any athlete, employee, manager, volunteer coach, or referee to harass any person associated with BRSC based on race, color, religion, gender, or national origin. BRSC encourages all victims of harassment to report the harassment immediately. All complainants have the right to be free from retaliation of any kind. BRSC will promptly investigate all formal and informal complaints of harassment and will take prompt action to end the harassment. Bullying is considered a form of harassment. Tormenting, threatening, harassing, humiliating, embarrassing or otherwise targeting others in a pattern is considered bullying. Cyberbullying is a pattern of tormenting, threatening, harassing, humiliating, embarrassing or otherwise targeting others using the Internet, interactive and digital technologies or mobile phones and will not be tolerated. Disciplinary action may be taken for athletes, coaches, managers, or referees who violate the Code of Conduct through the use of technology.

Purpose and Philosophy

Harassment is abusive and illegal behavior that harms victims and has a negative impact on the club/team culture by creating an environment of fear, distrust, and intolerance. BRSC is committed to providing a safe, healthy environment that promotes respect, dignity, and equality for all students, faculty, and staff, it is the purpose of this policy to create and preserve an environment free from harassment and discrimination.

Athlete Complaint Procedures

Harassment victims should report the harassment to their team coach as soon as possible. They should also provide as much documentation as possible, including details about the date, time, and witnesses. In cases involving allegations of harassment by an administrator (coach, manager, volunteer, referee) the report should be made to the **BRSC Competitive Director**. If a complaint contains evidence of criminal activity, BRSC will notify the appropriate child protection agency or law enforcement agency.

Child Abuse

BRSC personnel will report all harassment complaints containing evidence of child abuse in accordance with Louisiana child abuse reporting laws.

Confidentiality

To the maximum extent possible, BRSC administration will attempt to protect the anonymity and privacy of all parties and witnesses to a harassment complaint. However, BRSC must balance privacy considerations with the need to cooperate with law enforcement authorities, provide Due Process to the accused, and conduct a thorough investigation. BRSC administration reserves the right to disclose the identity of parties and witnesses in appropriate circumstances.

Investigation and Resolution Procedures

Upon receiving a harassment complaint, the **BRSC Disciplinary Committee** will conduct an investigation that may include interviewing the complainant and witnesses, reviewing documents, and interviewing the alleged harasser. Except in cases of criminal or severe conduct, BRSC will make every effort to resolve complaints informally at the club level.

Discipline

Athletes who violate the club's harassment policy are subject to discipline. In severe cases, a student may be removed from the club for harassing behavior.

Retaliation Prohibited

Retaliation against a person who makes a harassment complaint, opposes harassment, or participates in a harassment investigation is prohibited. Any person who retaliates against an athlete or other individual who reports harassment is subject to disciplinary action. Retaliation includes threats, intimidation, ridicule, harassing phone calls, stalking, or any other harassment.

Guideline

Before you speak, THINK...

T - is it True?

H - is it Helpful?

I - is it Inspiring?

N - is it Necessary?

K - is it Kind?

Using this guideline does not preclude you from having tough conversations with your team. Even constructive feedback, if delivered correctly, meets these criteria.

So, regardless of what or how you feel, T.H.I.N.K before you speak.

Inside and outside of the club

Athletes are encouraged to exercise the utmost caution and responsibility when participating in any form of social media or other personal, group, shared, public or online communications, both within their BRSC team and beyond. Athletes must remember that their posts and other communications which reference or relate to BRSC and/or its members, teammates, parents, or coaches reflect on the entire club. Communications or postings intended or reasonably likely to cause harm or embarrassment to others are contrary to our mission. The use of a computer or other electronic device, whether on the field or not, to direct or spread communications to or about another person may constitute harassment, hazing, defamation or bullying which is prohibited. BRSC staff and coaches do not generally monitor the online activity of its athletes. However, if something is brought to our attention, BRSC may discipline players for inappropriate communications or postings, or perpetuation or spread of inappropriate communications or postings by others, provided we have a reasonable belief that the actions will cause “substantial disruption” to our club’s mission.

Special Note: Any social media involvement/participation and/or use of technology or cameras which interferes with a safe and productive environment or damages the reputation of the BRSC community, or any of its members, are grounds for disciplinary action or removal from the team. This includes BRSC events and those away from the field.

BRSC FINANCIAL COMMITMENT

2014 (U10), 2013 (U11) AND 2012 (U12)

We are excited to offer flexibility within the Juniors Competitive and U11/U12 Program. This will be the only league within the competitive program that offers players a single season-only commitment in addition to the full-year commitment.

Your intent to accept the invitation to join a competitive team must be done online **by Friday, May 5, 2023**. Please note, that once you accept, you are agreeing to the financial commitment for the season(s) for which you are registering. For example, if you are registering for the fall only, your commitment is for the full fall season, while if you are registering for the full year (fall & spring), your commitment is for both seasons. If you do not fulfill your obligation as a player, you are still responsible for any and all finances due to BRSC.

If you are registering for the full year and are unable to pay in full at this time, you may select to set up payments through our new registration system, Playmetrics. You'll be able to complete this process when you receive the invitation to join the group. If you do elect to set up payments, a \$200.00 deposit is required at the time of acceptance.

BRSC Competitive Refund Policy:

Refunds will be considered on a case-by-case basis for events including, but not limited to:
Player's family moving away or player injury

COST SUMMARY:

2014 Fall Only	2014 Spring Only	2014 Full Year (Fall AND Spring)	2013 Fall Only	2013 Spring Only	2013 Full Year (Fall AND Spring)	2012 Fall Only	2012 Spring Only	2012 Full Year (Fall AND Spring)	2014 Juniors Competitive Program 2013 U11 Program 2012 U12 Program
\$125	N/A	Included in full year club fee	\$125	N/A	Included in full year club fee	\$125	N/A	Included in full year club fee	Pre-season team camp
\$550	\$550	\$995	\$650	\$650	\$1095	\$650	\$650	\$1,095	Club/Training Fee
\$150	\$150	\$300	\$200	\$200	\$400	\$200	\$200	\$400	Prepaid fall &/or spring team expenses
\$825	\$700	\$1,295*	\$975	\$850	\$1495*	\$975	\$850	\$1,495*	Estimated total dues for season or year

**By paying the 2014 full year fee of \$1,295 you will save \$230 versus registering for each season individually*

**By paying the 2013/2012 full year fee of \$1,495 you will save \$330 versus registering for each season individually*

NEED BASED ASSISTANCE – It is not the intent of BRSC to turn any child away due to their inability to pay the required fees, therefore we offer need-based assistance if funds are available. If you would like to be considered for financial assistance, please contact Hannah Gill at hgill@brsoccer.org for an application or additional information. You will be required to provide proof of income in order to be considered for assistance, as well as commit to volunteering service hours for BRSC as needed. A finance committee will review your application and you will be contacted via email within two weeks. It is recommended that you apply PRIOR to acceptance invitations being emailed to allow adequate time for processing. Please note, need-based assistance does NOT apply to team expenses or uniforms. You must be able to pay all team expenses upfront or via prepaid monthly installments.

Please see the following pages for a complete breakdown of your cost to play in BRSC.

2014 (U10) Cost of Playing with BRSC is broken down into the following areas:

I BRSC Club Fees Per Season \$825/\$700 or (\$1,295 yr.):

Fees include: Team Camp, BRSC registration, LSA insurance, coaching/training, operational and administrative costs.

II BRSC TEAM EXPENSES - \$150 per season, prepaid (\$300 year):

Team expenses are in ADDITION to BRSC club fees. A team's total expense (items listed below) for each season is divided equally by the total number of players on the team roster regardless of the number of players in attendance at any games and/or tournaments. **You're responsible for your portion even if you do not attend an event (game or tournament).**

- Tournament/festival entry fees
- Referee fees
- Coach's Travel expenses (mileage, per diem, hotel, etc)

BRSC collects the majority of team expenses upfront. If at any point the actual team expenses exceed the prepaid amount, you will be billed for the difference and payment is due upon receipt. **We have attempted to ESTIMATE team expenses, but please be advised that actual expenses may exceed the estimated prepaid amount based on the number of events in which a team participates.** The coach and team manager will determine the number of events the team will participate in each season.

III BRSC Payment Plan Options

We understand that competitive soccer is a huge financial commitment, therefore, BRSC is offering several monthly payment plan options for your convenience. These options include a 9-month, 8-month, 7-month, and 6-month payment plan. For each plan, the first installment due will be the \$200 deposit. Processing fees are included in each payment plan.

IV BRSC Spring Raffle – Each competitive member will be expected to sell \$100 worth of raffle tickets. This is our largest club fundraiser for the year. The funding generated from the raffle will be used towards the 2022-2023 BRSC Fundraising Objectives.

2013 (U11) and 2012 (U12) Cost of Playing with BRSC is broken down into the following areas:

I BRSC Club Fees Per Season \$975/\$850 or (\$1,495 yr.):

Fees include: Team Camp, BRSC registration, LSA insurance, coaching/training, operational and administrative costs.

II BRSC TEAM EXPENSES - \$150 per season, prepaid (\$300 year):

Team expenses are in ADDITION to BRSC club fees. A team's total expense (items listed below) for each season is divided equally by the total number of players on the team roster regardless of the number of players in attendance at any games and/or tournaments. **You're responsible for your portion even if you do not attend an event (game or tournament).**

- Tournament/festival entry fees
- Referee fees
- Coach's Travel expenses (mileage, per diem, hotel, etc)

BRSC collects the majority of team expenses upfront. If at any point the actual team expenses exceed the prepaid amount, you will be billed for the difference and payment is due upon receipt. **We have attempted to ESTIMATE team expenses, but please be advised that actual expenses may exceed the estimated prepaid amount based on the number of events in which a team participates.** The coach and team manager will determine the number of events the team will participate in each season.

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2011 (U13) THROUGH 2005 (U19)

Your intent to accept the invitation to join a competitive team must be done online by **Friday, May 5, 2023 for 2011 (U13) and Friday, June 16th, 2023 for 2010 (U14) through 2005 (U19).** Please note, that once you accept, you are agreeing to the financial commitment for the full year. If you do not fulfill your obligation as a player, you are still responsible for any and all finances due to BRSC.

If you are registering for the full year and are unable to pay in full at this time, you may select to set up payments through our new registration system, League Apps. You'll be able to complete this process when you receive the invitation to join the group. If you do elect to set up payments, a \$200.00 deposit is required at the time of acceptance. At this time, we are only able to offer financing options to players who commit for the entire year.

COST SUMMARY:

Black	Red	2011 through 2005
\$1,295	\$1,195	Club fees for full year
\$600	\$400	Prepaid fall & spring team expenses
\$1,895	\$1,595	Estimated total dues for the year

NEED BASED ASSISTANCE – It is not the intent of BRSC to turn any child away due to their inability to pay the required fees, therefore we offer need-based assistance if funds are available. If you would like to be considered for financial assistance, please contact Hannah Gill at hgill@brsoccer.org for an application or additional information. You will be required to provide proof of income in order to be considered for assistance as well as commit to volunteering service hours for BRSC as needed. A finance committee will review your application and you will be contacted via email within two weeks. It is recommended that you apply PRIOR to acceptance invitations being emailed to allow adequate time for processing. Please note, need-based assistance does NOT apply to team expenses or uniforms. You must be able to pay all team expenses upfront or via prepaid monthly installments.

COST REDUCTION: Fundraising – Many teams choose to do team fundraisers to offset team expenses. The total amount of money a team raises will be divided by the number of participants and credited to each player's individual account. Fundraisers are optional and each team is required to obtain approval from Louie Smothermon, Executive Director before initiating any fundraising venture.

Please see the following pages for a complete breakdown of your cost to play in BRSC.

Cost of Playing with BRSC is broken down into the following areas:

I BRSC Club Fees \$1,295 (Black Teams) & \$1,195 (Red Teams)

Fees include: Team camp, BRSC registration, LSA insurance, fall and spring coaching/training, operational and administrative costs.

II BRSC TEAM EXPENSES - \$600 (Black Teams) or \$400 (Red Teams) prepaid:

Team expenses are in ADDITION to BRSC club fees. A team's total expense (items listed below) for each season is divided equally by the total number of players on the team roster regardless of the number of players in attendance at any games and/or tournaments. **You're responsible for your portion even if you do not attend an event (game or tournament).**

- Tournament entry fees (including State Cup)
- ALL league Competition & Friendly Game fees for referees
- Coach's Travel expenses (mileage, per diem, hotel, car rental, etc)

If at any point the actual team expenses exceed the prepaid amount, you will be billed for the difference and payment is due upon receipt. **We have attempted to ESTIMATE team expenses, but please be advised that actual expenses may exceed the estimated prepaid amount based on the number of events in which a team participates.** The coach and team manager will determine the number of events the team will participate in each season.

III BRSC Payment Plan Options

We understand that competitive soccer is a huge financial commitment, therefore, BRSC is offering several monthly payment plan options for your convenience. These options include a 9-month, 8-month, 7-month, and 6-month payment plan. For each plan, the first installment due will be the \$200 deposit. Processing fees are included in each payment plan.

IV BRSC Spring Raffle – Each competitive member will be expected to sell \$100 worth of raffle tickets. This is our largest club fundraiser of the year. The funding generated from the raffle will be used towards the 2023-2024 BRSC Fundraising Objectives.

BRSC UNIFORM COSTS

Payment for uniforms will be made directly to **THIRD COAST SOCCER***. Our competitive program purchases new uniforms on a two-year cycle. We will enter into a new two-year cycle starting (fall & spring) of 2022-2023 valid through 2023-2024.. Jersey numbers for new players will be handled through the BRSC office.

List of required uniform apparel items:

Home Jersey – Adidas Condivo Match Day 22 Jersey in Grey/White
Away Jersey - Adidas Condivo 22 Jersey in Red/White
Home Shorts – Adidas Condivo 22 Shorts in Grey/White
Away Shorts - Adidas Condivo 22 Shorts in Red/White
Home Socks – Adidas Team Speed III Soccer OTC in Grey/White
Away Socks - Adidas Team Speed III Soccer OTC in Red/White
Practice Jersey – Adidas Entrada 18 (Black)

** Below is the pricing for the uniform cycle in 2022 – 2023 and 2023-2024 soccer year. Please note: ALL apparel prices are set forth by Third Coast Soccer and are subject to change.*



Third Coast Soccer
Everything for Soccer at Affordable Prices!

REQUIRED ITEMS

Item Number	Item Description	Price Per Item***
AHA6280B AHA6286B AHD4725B	Adidas Condivo 22 Jersey in Red/White with BRSC Logo on Left Chest, Sponsor logo on center chest (White), Sponsor logo (White) on upper back and 8" White Titan number on back.	Men's and Women's = \$51.80 Youth Sizing = \$47.50
AHA3559B AHA3517B AHA3539B	Adidas Condivo Match Day 22 Jersey in Grey/White with BRSC Logo on Left Chest, Sponsor logo on center chest (Black), Sponsor logo (Black) on upper back and 8" White Titan number on back.	Men's and Women's = \$60.50 Youth Sizing = \$56.10
AHD2321B AHD2267B AHD4730B	GK: Adidas Condivo 22 Jersey in Gold/White with BRSC Logo on Left Chest, Sponsor logo on center chest (Black), Sponsor logo (Black) on upper back and 8" White Titan number on back.	Men's and Women's = \$51.80 Youth Sizing = \$47.50
CF1035B CF1041B	Adidas Entrada 18 Jersey in Black with BATON ROUGE SOCCER CLUB (White), Sponsor logo (White) on the upper back, and Partner in Development logo on upper left	Men's - \$26.95 Youth - \$25.25
AHA3563B AHA0600B AHA3548B	Adidas Condivo 22 Shorts in Red/White with 4" White Titan number on right leg	Men's and Women's = \$33.95 Youth Sizing = \$32.25
AHA3562B AHA3504B AHA3544B	Adidas Condivo 22 Shorts in Grey/White with 4" White Titan number on right leg	Men's and Women's = \$33.95 Youth Sizing = \$32.25
AHA3571B AHA3506B AHA3547B	GK: Adidas Condivo 22 Shorts in Black/White with 4" White Titan number on right leg	Men's and Women's = \$33.95 Youth Sizing = \$32.25
A5153861B	Adidas Team Speed III Soccer OTC in Red/White	\$16.25
A5153862B	Adidas Team Speed III Soccer OTC in Grey/White	\$16.25
A5153864B	Adidas Team Speed III Soccer OTC in Black/White	\$16.25

OPTIONAL ITEMS

Item Number	Item Description	Price Per Item**
5154293	Adidas Stadium III Backpack in Red/Black	\$54

Prices Exclude Sales Tax

THIRD COAST SOCCER

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Baton Rouge, LA 70810

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