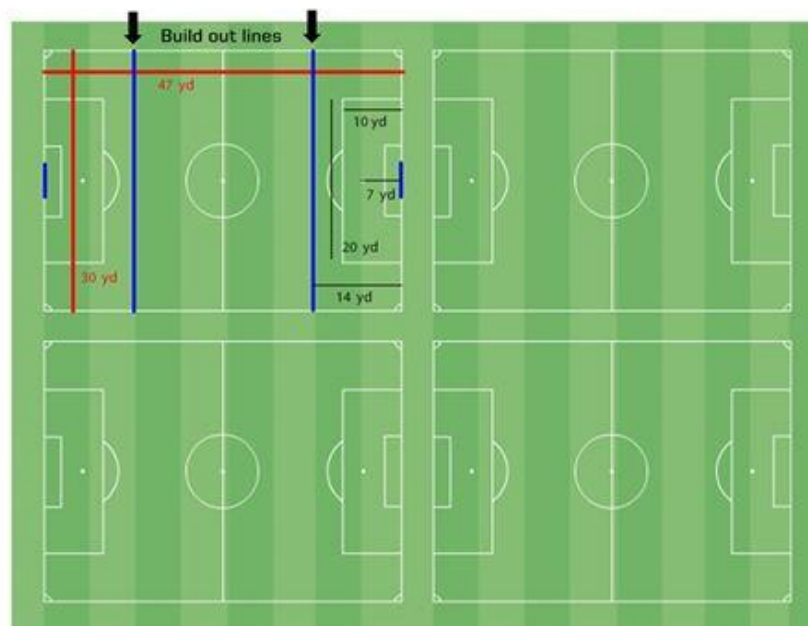


## Coaches:

With the changes this season to the playing format for our recreational program we want to be sure that everyone is aware that 3rd and 4th Grade teams will be played in a 7v7 format, and 5th and 6th Grade teams will be played in a 9v9 format. 3rd through 6th Grade teams will employ the Build Out Line concept as outlined below. The Build Out Line is part of the 2016 mandates from the US Soccer Federation.

### Development Field - 7v7 - U9 and U10



For the 7v7 and 9v9 game, the field will include build out lines to promote individual skills and facilitate game flow. On 7v7 fields the build out lines are located 15 yards from each end line. For the 9v9 fields the build out lines are located 20 yards from each end line. The build out line is used to promote playing the ball out of the back in an unpressured environment. When the goalkeeper has the ball, either during play or from a goal kick, the opposing team must move behind the build out line. Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball to a teammate.

Goalkeeper punting the ball in the 7v7 and 9v9 format is not allowed as this would defeat the purpose of the build out line and reduces the opportunity to play out of the back in an unpressured environment. This also will hopefully reduce the number of opportunities where players may try to head the ball. Heading is not allowed at these age groups.

After the ball is put into play, the opposing team can then cross the build out line and play can resume as normal.

We recommend that teams utilize one or both of the following 7v7 or 9v9 systems of play shown in diagram below, based on the format that your team plays. A system of play in how players are deployed by positions.

## Team Organization



### DEVELOPMENT FIELD - 47x30 yards

- U9 and U10 - **7v7** - 14 players per team
- 7v7 formations promote a good distribution of the players on the field and provide a versatile framework to introduce simple tactical elements at an early age
- Formations are focused in the development of attacking elements of the game
- 1-2-3-1 formation: designed to develop passing and movement of the ball
- 1-3-2-1 formation: designed to promote forward runs and 1v1 situations



### SMALL SIDED FIELD - 75x47 yards

- U11 and U12 - **9v9** - 16 players per team
- On a bigger field 9v9 formations are ideal to keep developing attacking elements of the game and introduce basic defensive concepts working as a unit
- 1-3-2-3 formation: designed to provide space in midfield areas and provide multiple attacking options at front
- 1-3-3-2 formation: designed to understand basic defensive organization and promote build up play